



NAFL NORTH BUZZ



From the Principal's desk

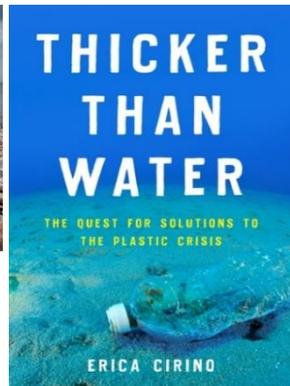
Dear Parents,

Greetings! We are excited to bring you the first edition of our school newsletter this academic year. The theme for this edition is *"Beat the Plastic"*.

Plastic pollution is a problem that the whole world is facing together. When plastic waste is not disposed properly, it ends up in the environment, which is causing devastating impacts. We all know we should say no to Plastic! But how do we go about it?

A few simple changes in our daily lifestyle will go a long way to ensure that our next generation lives in a plastic free environment. Let's take small steps by first saying no to plastic in our kitchen by using steel and glass containers for food storage. Reusing newspaper as garbage bin liners and carrying cloth/ jute bags for grocery shopping are a few simple yet effective ways to reduce plastic usage in our house.

You all would have heard of the three Rs in waste management- Reduce, Reuse and Recycle. Well, let me add another 3 Rs to the list- Rethink- is the plastic product that I am about to buy really needed? Refuse- say no to single use plastic and finally, Remove- if you see some trash in the environment, do a little clean up. Every act counts!
'Thicker Than Water' – by Erica Cirino is a must-read book to understand the plastic catastrophe and to understand the solutions.



INSIDE THIS ISSUE

From the Principal's desk	1
Trivia Time	1
Whole School Events	2
From the Montessori Space	3
From the Kindergarten Wing	3
From the EY realm (Kindergarten and Montessori)	4
So far from the PY World	5
From the MY Kingdom	6
From the SSY Realm	6
A teacher's thoughts	7
Student Poems	7
Other events – Charity Drive	8
NAFLites make us proud	9

TRIVIA TIME

1. What is the name of the UN initiative that aims to eliminate plastic pollution in oceans and seas by 2030?
2. What is the goal number for the UN Initiative that aims to eliminate plastic pollution in oceans and seas by 2030?



1. Clean Seas campaign.
2. Goal 14: Life Below Water.

Answers

Whole School Events

World Environment Day

On occasion of the World Environment Day, NAFL-North conducted an assembly to emphasize the need to Beat Plastic Pollution. The students of Grades 10 and 12 presented a role play to raise awareness about protecting the environment and promoting sustainable living. The assembly was conducted well and inspired the entire school to actively participate in safeguarding the planet. Everyone took a pledge to make the Earth a cleaner and greener planet.

Click on the link to know more – [World Environment Day at NAFL-N](#)

D.E.A.R Day

The school's library wing conducted the D.E.A.R Programme on June 12, 2023, honouring Anne Frank, on her birthday. Drop Everything and Read is a celebration of reading designed to remind everyone the importance of reading as well as creating a sense of togetherness as a community. It was such a joy to witness the event transporting the students, teachers, and everyone into the magical world of reading. At NAFL, the D.E.A.R programme indeed is a dear event that everyone looks forward to.

Click on the link below to know more – [NAFL North Library Programme - YouTube](#)

International Yoga Day

The school celebrated International Yoga Day with a lot of zeal and enthusiasm on the 21st of June 2023. This year's theme was 'Yoga for Vasudhaiva Kutumbakam'. The history and benefits of yoga were shared with the students during the special assembly in the morning.

The significance of the day was well articulated with a befitting demonstration of yoga asanas during the yoga sessions organized for all the students. The boundless peace of doing the asanas was visible on the faces of the students. Students also participated in the online yoga quiz organized by CBSE. The programme concluded with a pledge taken by all the students, teachers along with the principal, to embrace a healthy lifestyle with yoga as a part of our daily life.

Click here to view the YouTube link – [International Yoga Day celebration in NAFLN](#)

Founder's Day

NAFL North celebrated its sixth Founder's Day with enthusiasm and exuberance. The programme started with an impressive yoga display presented by the students of Grade 8, followed by a graceful dance performance to invoke the blessings of Lord Ganesha. The energy and vigour was profound in the NAFL N choir and an energetic choreography by our students of Grades 5 to 7. A short skit on the journey and life of our founder Chairman Dr. K P Gopalakrishna was enacted to highlight his vision. This day was also special as the newly laid turf ground was inaugurated by the Principal, Ms. Hemalata Pillai and the students of Gr 1. The entire school had a lot of fun playing on the field. The programme concluded with a vote of thanks to all the Board of Governors for the facilities and the effective leadership they demonstrate for us to 'Reach Out, Reach High and Reach Beyond'.

To view some pictures, please click on the link below – [Founder's Day](#)

Independence Day

The school celebrated the 77th Independence Day with great enthusiasm and patriotism. The school was adorned in the national colours, echoing the spirit of unity and pride among the students and staff alike. The day began with a solemn flag hoisting ceremony by the Principal, Ms. Hemalata Pillai, accompanied by the singing of the national anthem. Following the flag hoisting, the school ground was filled with excitement as the students of grades 4, 9 and 11 presented a vibrant cultural programme that showcased the diversity and unity of our nation. The performances included patriotic songs, dances, skits and speeches, all highlighting the rich tapestry of India's heritage. The celebrations concluded with a renewed sense of national pride and a commitment to uphold the principles that our nation stands for.

Click here to view pictures and videos to know more - [Independence Day](#)

From the Montessori Space

Origami, Clay Modelling and A Day on the Farm

“The child gives us a beautiful lesson – that in order to form and maintain our intelligence, we must use our hands.

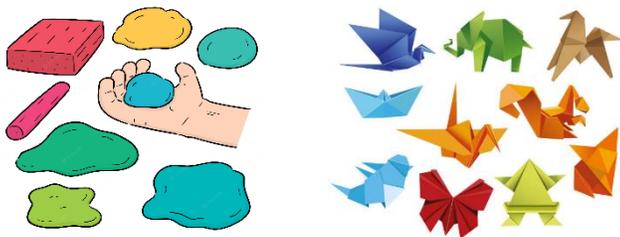
~Dr. Maria Montessori

The students of the Montessori division at NAFL North were given a wonderful opportunity to showcase their confidence and independence through activities like Origami, Clay Modelling and an enactment called “A day on the farm”.

For the origami event, the Seniors put up a display of craft which included making a dog, cat, pig and fan. Under the clay modeling event for the Juniors, children made some vegetables, fruits along with animals like a snake and objects like a gummy bear.

To end this eventful week on a high, we had our Freshers dressed as farm animals, which was a sight for everyone to enjoy. Our little animals displayed their acts with great exuberance. They came dressed as a parrot, honeybee, a cow, sheep, and goat, to name a few. Independence, as we know is synonymous to the Montessori pedagogy. It is an attribute that all students displayed coupled with the sense of satisfaction and joy at the end of the event.

To view more on the event, please click here – [EY - Montessori Event](#)



From the Kindergarten Wing

Recyclable Treasures

In their first event for the year 2023-24, the students of Kindergarten 2 of NAFL North, walked down the ramp in a variety of creative and innovative costumes made from newspapers, plastic, paper cups, straws, spoons, bottle caps, bottles, gift wrappers and so on. The event portrayed parent and student involvement in creating beautiful costumes and props to propagate the theme, “Reduce, Reuse and Recycle” to save the environment. The event concluded with the academic learning “Be a recycler, be a saver.”



Make Your STATE-ment

On a delightful Friday, 28th July 2023, our Kindergarten 1 students showcased a heartwarming display of culture and tradition at the event "Make your STATE-ment." The school was abuzz with excitement as teachers, and fellow students eagerly gathered to witness this special celebration of diversity.

The venue was adorned with colourful decorations representing the rich tapestry of India's states. As the young participants walked in, dressed in their traditional attire, their smiles lit up the room. Each child's costume was a unique work of art, reflecting their state's heritage and traditions.

At the heart of it all, "Make your STATE-ment" reminded us that we are all different, and that, indeed, is beautiful. At NAFL North we continue to cherish and celebrate the cultural treasures across all states.

To view these events, click here – [EY - Kindergarten Events](#)

From the EY Realm (Kindergarten and Montessori)

Independence Day

The EY students and teachers celebrated India's 77th Independence Day in true NAFL North style. Everyone came dressed in traditional attire, wearing the tricolour. The students brought a variety of snacks depicting the tricolour theme. The Montessori students decorated the national flag with paints, tricoloured rice grains, and tricoloured crepe paper. The Kindergarten 1 & 2 students made Tiranga headbands and the National Flag respectively, using vegetable print as the medium. The artwork was a collaborative activity which gave the children a sense of what the national flag looks like and what each colour represents. Finally, the students sang a wonderful song on the national flag. It was a memorable and a joyous day for all.

To view glimpses captured, click here –

[Montessori Independence Day](#)

[Kind](#)



EY Field Trip

A buzz of excitement enveloped NAFL North Early Years' students during their recent visit to the local fire station on August 22nd and 23rd 2023. The vibrant red fire trucks stood tall, igniting awe and wonder in the young hearts. With friendly firefighters as guides, the students' learned about the trucks' functions, marvelled at the protective gear, and even had the chance to activate the sirens. Beyond the fun, important lessons on fire safety were imparted, leaving an indelible mark on the students' minds about the heroic work of firefighters and the significance of community safety. This adventure not only thrilled but also inspired dreams of bravery and service in the years to come.

[Visit to the Devanahalli Fire Station - YouTube Link](#)



So far in the PY World

NAFLites Got Talent

“Talent is the art that defines one’s unique self.”

NAFLites Got Talent was organized for the Primary Years in June. The young children for Grades 1-4 got the opportunity to exhibit their potential and creativity. They displayed an array of talents ranging from gymnastics, singing and dancing to reciting prayers and playing instruments.

The talent show not only allowed children to showcase their talents but also helped them build their confidence, self-esteem, and social skills. It was a moment of pride and joy to see the talented students performing so well before the judges and the audience. The children who participated in the event had a wonderful time and the day served as a reminder of the importance of nurturing and supporting talents from a young age.



Field Trip

Educational trips play a pivotal role in giving the child great experiences and memories of school years. The Primary Years were taken to Bakery and Value Addition Centre at the University of Agriculture Sciences at Hebbal. The children got hands-on experience with how the bakery works. A live demonstration was given on how cookies are made.

The students showed their interest and observed all types of procedures. They noted down their observations when a demonstration was given. They were very excited to see the large oven in which the cookies, bread and cakes were made. They also got the treat of having a sample cookie to taste. The educational trip was fun-filled and had a good learning experience.



Founder’s Day Activity - Badge-making Activity

Badge Making Competition was organized on the occasion of our school’s Founder’s Day for the Primary years. The theme of the competition was ‘Sports’. Students showcased their best artistic skills and innovative ideas to express their thoughts in a unique way.

The best-designed badges were awarded. This activity helped them to build confidence in themselves.

Tell-a-Tale

Storytelling is the most powerful way to put ideas into the world.

NAFL North Library conducted a story telling session called Tell-A-Tale for our students as part of the Society Outreach Programme in collaboration with the senior citizens in Ozone Urbana Complex.

We were honoured to have Ms. Radhika Rajnarayan, the magical storyteller who has a passion for inculcating citizenship values in young people. She took the students into the world of endless imagination.

The two-day session for our Grade 3 students were extremely interactive and collaborative, which left the curious listeners with great learning. The programme ended on a note when Ms. Radhika promised to return with more exciting stories in the coming days.



To enjoy the clips on these events, please click here - [PY Events](#)

From the MY Kingdom

AAHAR-2023

NAFL North witnessed an amazing cooking without fire competition held for Grades 5 to 8 on Friday, 7th July 2023. It provided a platform to display their culinary skills, creativity and decision-making ability to help them explore their hidden talents and discover new areas of interest. The students enjoyed the day enthusiastically taking part in this fun learning package. The prepared dish was evaluated on using the secret ingredient, flavour, taste and palatability.

The secret ingredient for Grade 5 and 6 was coconut whereas Grade 7 and 8 had to use rose petals for their respective dish.

[MY-Aahar-2023](#)



Founder's Day Activity- Poem or Songwriting Activity

On the occasion of Founder's Day Poetry or Songwriting competition was held in July. The Middle Years enthusiastically participated in the competition as they got an opportunity to exhibit their talent and confidence. The competitions inspired young budding poets and songwriters. The students enjoyed the activity by using expression, thoughts, emotions and music of words.



From the SSY Realm

Investiture Ceremony- NURTURING STUDENTS TO BE FUTURE LEADERS.

National Academy for Learning -North held its annual 'School Cabinet' elections on the 22nd of June 2023. A week before the elections the nominated candidates campaigned to mobilise their voters and win their trust. They went the extra mile in creating taglines and handouts in ensuring maximum reach to all students. On the day of the elections both teachers and students exercised their right to vote through a fair and transparent election choosing a team of deserving student council members.

The Investiture Ceremony of National Academy for Learning -North was held with a lot of zeal and zest on the 7th of July 2023. This solemn ceremony signifies the reliance and confidence that the school consigns in the newly invested office bearers. The prefects and the council members marched majestically in sync with the beat of the drums to receive their badges from the Principal, Ms Hemalata Pillai. Donning the mantle of accountability, the school cabinet members also pledged to bestow their duties to the best of their abilities. The solemn ceremony came to an end with the vote of thanks delivered by the newly elected School Prefect, Dhruv Menon wherein, he promised to work in unison with the council members, keeping the best interests of the school and its students at the forefront.

To know more, click here -

[Investiture Ceremony](#)

The Young Writer's Competition'

To foster creative thinking and encourage writing skills in our young students, 'The Young Writer's Competition' was held for grades 9 to 12 on the 22nd of July 2023.

It was a great platform for them to express their thoughts and showcase their talent. The entries received showcased the myriad and untapped talent among our budding writers.



A Teacher's Thoughts

Amidst a world of nature's grace,
A plea emerges to embrace,
A shift away from plastic's hold,
To save the stories yet untold.

Bottles once adorned the shelves,
Convenient but harming ourselves,
Land and sea, they did invade,
A legacy that must now fade.

Let's banish plastic's toxic reign,
With eco choices to sustain,
Refillable and kind to Earth,
A future where all life finds worth.

In oceans deep and skies above,
Let's pledge to mend, to heal, to love,
With open hearts and mindful souls,
We bid farewell to plastic's toll.

~ Ms. Anita Kartik | *English Dept.*

Student Poems

Nature Care

OH MAN....
You are a god's creature
For our best future,
Kindly save our nature
It's good to go green
To be healthy and clean,
Possible by not being so mean
Give back everything to planet
Instead of having later regret
No matter what, but is our debt
Care for nature is the best choice
And do it right away by voice
Otherwise dare to face nature disguise
Nature is beautiful and wonderful
Living within, be very careful
Oh man care for our nature is thoughtful.

-Anvit B K- 6A

Mr. Plastic the Nasty

Mr. plastic the nasty,
a very nasty grouch.
He the biggest nature contrasty
Always trying to do bad deeds
till he makes our shoulders slouch.

Also, our people, blindly following his awful deeds
always talking about saving nature everywhere
thinking they will succeed.
Throwing and using plastic at the same time
But this is getting them nowhere.

So oh, my friends, please listen to me
Let us follow our good friends the three R's
Stop using plastic and with new eyes the world let's
see
Try to make Earth a better planet,
so that we don't end up in mars.

- Radha Rakesh Kulkarni – 7A

The Value of Zero

Have you ever wondered?
If zero is nothing,
then why is it something?
Roman Numerals didn't have zero,
from hero they became zero.
Yet, why is zero always the hero?
Aryabhata made history,
by solving zero's mystery.
All the numbers love zero,
as it makes them the hero.
But zero has a tragedy.
Addition, subtraction, multiplication, division,
no one has a courtesy
From Gates to Ambani,
From King to Queens,
All are heroes Because of Zero.

-Laksh Kumar - 6A

Other events - THE JOY OF SHARING..... CHARITY DRIVE.



The students of Grade 7 went to the Government School, Devanahalli to donate books for their library.



NAFLites MAKE US PROUD!!!
Kudos to our students.....



The students of Grades 8 to 11 participated in RNPS MUN 2023. Aadi Batra of grade 11-A won the UNSC – China - Outstanding Delegate Award. Arnav Singh Aswal of grade 10-A won the DISEC – France - Outstanding Delegate Award.



Dhruv Menon and Prashyanth V of Grade 12-A bagged the First place at the Eureka Event held at NPSHSR - 'Inceptra 2023'



During the TISB- Interschool Swimming Competition, Gauri Gupta of Grade 8-A won the Silver Medal in Breaststroke.



During TISB- Interschool Swimming Competition, Gauri Gupta of Grade 8-A won the Bronze Medal in Freestyle.



NAFLites won the second position in Group Singing-Junior Category at 'Euphorica-Musical' Fest, organised by NPSI-Mysore



The accomplishments of our students at the 'Maths Fest -Inspire -2023' held at NPS HSR were truly remarkable.



Our brilliant stars made us proud by bagging the third position in the Kannada skit in 'SoUlit' organised by NPS-KRM.



Our students brought home laurels by adding another feather in the NAFL-N cap. They won the third position in the English Verse Play in 'SoUlit' organised by NPS-KRM.

May we keep climbing new heights of success.....